

# Feeling unwell? Can't wait until morning?

Your GP should be your first contact point during the hours of 8am-6.30pm. Outside of these hours if you need advice or treatment for minor illnesses or injuries, contact NHS Direct, GP Out of Hours service, or go to your local Walk-In Centre.

**NHS Direct**

**GP Out of Hours**

**Walk-In Centre**

- NHS Direct 0845 4647 or visit [www.nhs.uk/nhsdirect](http://www.nhs.uk/nhsdirect)
- GP Out of Hours service for Leicester City and Leicestershire County and Rutland 0845 045 0411
- To find your nearest Walk-In Centre visit - [www.leicestercity.nhs.uk/choosewell](http://www.leicestercity.nhs.uk/choosewell)
- Or visit [www.lcr.nhs.uk/unwell](http://www.lcr.nhs.uk/unwell).



**Make sure you Choose Well.**

Get the right treatment for you and help the NHS to manage its resources.