

Application Form

NHS

Leicestershire County and Rutland



**be
healthy
beheard**

**NHS Leicestershire County
and Rutland membership**



**Leading Leicestershire and Rutland to
become the healthiest place in the UK**



Leading Leicestershire and Rutland to become the healthiest place in the UK is an ambitious target, but one we want to work with you to achieve.

NHS Leicestershire County and Rutland is setting up a scheme to enable us to work together to reach this aim and for you to have a say in how local NHS services are provided.

**be healthy,
be heard**

provides people with healthy living advice and support and an opportunity to comment on how £803 million is spent across local health services

**Free
to join**



What's in it for me?

- a membership card to get discounts
- healthy living ideas and advice
- information on health initiatives and events, and how to take part
- opportunities to have a say on how health services are provided in your area

**Join today: fill in the form, join online or phone our helpline:
www.nhslcrmembership.org Tel: 0300 555 5345
or txt **healthy** to 81025**



Have a say on how local health services are provided in your area

NHS Leicestershire County and Rutland received £803 million in 2008/9 to commission your local health services. It decides how services are provided by your local GP, pharmacist, dentist and optometrist, local hospitals, community health centres and clinics, health visitors and community nurses. It buys specialist mental health and learning disabilities services and ambulance services. The Trust also works in partnership with local authorities. You can get involved in setting local priorities such as access to services or supporting carers.

Be heard, join to get:

- opportunities to have a say on how NHS services are provided in your area
- information on NHS services you are interested in
- a chance to give your views
- signposting to other parts of the NHS

Please contact 0300 555 5345 if you would like this document in an alternative format such as another language, large print, Braille or audio tape

Becoming the healthiest place in the UK

NHS Leicestershire and Rutland wants to support you in living a healthy lifestyle. The local NHS runs programmes on food and health, physical activity, quit smoking and mental health and wellbeing. Through this membership scheme we will provide you with information on where to find help, advice, and local facilities and activities.

Be healthy, join to get:

- offers and incentives to improve your health
- information on healthy living activities and facilities in your local area
- information on healthy living courses and activities
- advice and support on healthy living

Join today: fill in the form, join online or phone our helpline:
www.nhslcrmembership.org Tel: 0300 555 5345
or txt **healthy to 81025**

Join now



**be
healthy
beheard**

**NHS Leicestershire County
and Rutland membership**

**NHS Leicestershire County and
Rutland ensures that high quality,
appropriate health services are
available for the 677,900 people of
Leicestershire County and Rutland.
By working in partnership with
other agencies we aim to improve
the health of local people**



**Leading Leicestershire and Rutland to
become the healthiest place in the UK**

Application form

If you are interested in becoming a member please fill in your details below and return to us.

You can also join online or by telephone:

www.nhslcrmembership.org Tel: 0300 555 5345

Joining
is FREE

Title: _____ First Name: _____

Last name: _____

Address: _____

Postcode: _____

Telephone no: _____

Email: _____

Age bands

16 - 24

25 - 34

35 - 59

60 - 75

75+

Gender

Male

Female

Communication preference: Email Postal

All your details will be kept confidential, but you have the right to withhold any of the additional information below.

Ethnic group (please tick as appropriate)

White

White British

Irish

Other White background

Black or Black British

Caribbean

African

Other Black background

Asian or Asian British

Indian

Bangladeshi

Other Asian background

Pakistani

Chinese

Other ethnic group

Other ethnic group

Please state:

Mixed

White & Black Caribbean

White & Black African

White & Asian Other Mixed Background

Do you consider yourself to have a disability? Yes No

Household information

Is there anyone 16 years and over in your house who would like to become a member of the Trust? (If so, please provide details below)

1 Title: _____

First Name: _____

Last name: _____

Email: _____

Age Band: _____ Gender: F M

2 Title: _____

First Name: _____

Last name: _____

Email: _____

Age Band: _____ Gender: F M

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NHS Leicestershire County and Rutland Membership
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LOUGHBOROUGH
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Leicestershire County and Rutland

