

# MRSA Advice

## For patients undergoing day surgery



### Introduction

This information sheet is for people who have MRSA and are going to have day surgery within Leicestershire. This leaflet should be read in conjunction with the general advice sheet for MRSA.

### Will having MRSA affect my day surgery?

Not usually. However, depending on the type of surgery and place of surgery, some extra measures may be taken prior to surgery.

### What extra measures may be taken?

- You may have swabs or specimens taken
- Your surgery may be delayed
- You may need to use an antiseptic liquid soap wash and/or an antibiotic nasal cream for 5 days.

If extra measures are required these will be discussed with you.

### Will I be treated differently from other patients when I am on the day surgery ward?

You may be admitted into a single room if one is available. Your operation may be last on the operating list. Healthcare staff will wear disposable gloves and aprons when carrying out aspects of your care.

### Is there anything I can do prior to my day surgery?

On the day of your admission have a bath or shower and wash your hair if you are able to. If possible wear a clean set of undergarments or clothes. Ensure you wash your hands before and after using the toilet.

### Is there anything I can do following my day surgery?

- Wash and dry hands
  - After visiting the toilet
  - Before and after touching dressings, wounds and catheters
- Avoid touching the wound unless advised to do so.

### **What if I have any more questions?**

Ask the person who has given you this leaflet. If he or she is unable to answer your question please contact a nurse from the Leicestershire County and Rutland Infection Prevention and Control Team:

Tammy Bale                      Tel: 07796 610507

Deborah Moussous        Tel: 07768 177516

Amanda Howell            Tel: 07825 845578



**Everyone can play a part in reducing the spread of infections**